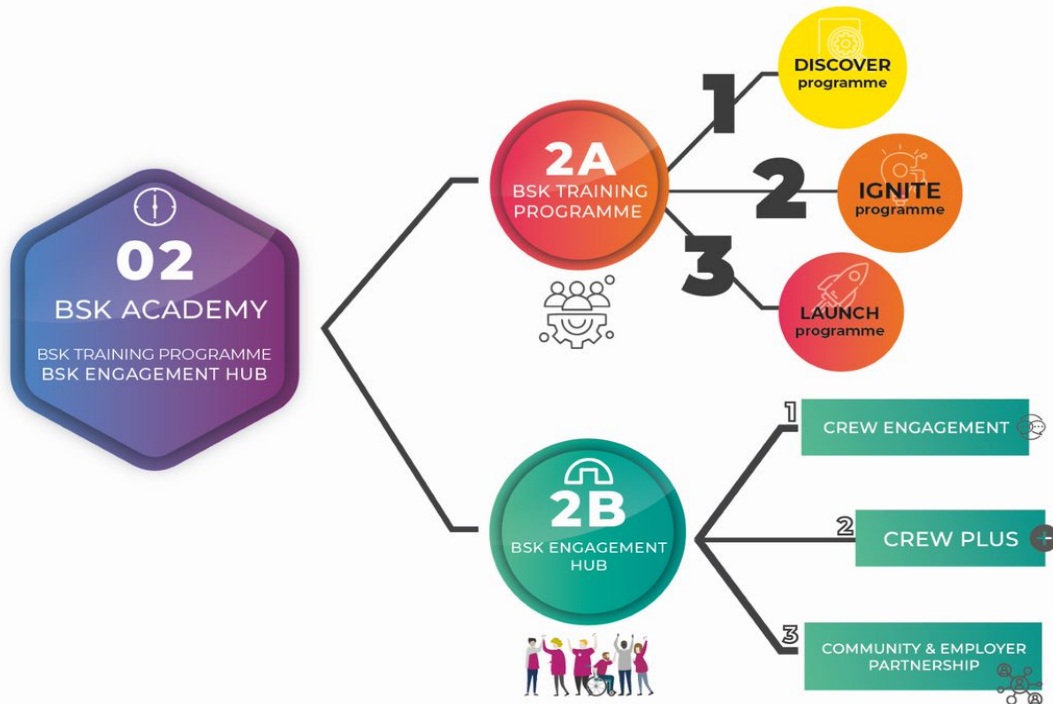




BSK Academy is a centre for lifelong learning for adults with learning disabilities and/or autism.

We believe the people have the right to access learning and development at any age. We deliver this through a holistic programme of support that focuses on education and workplace training for all crew and employment progression where appropriate.

All crew will attend the Academy which consists of the BSK Training Programme and the BSK Engagement Hub, as well as having access to work place training in one of our social enterprises.



Discover – a highly supported 12 week induction programme. This programme runs 3 times a year, with a small cohort of 4 or 5. Most crew will spend 4 weeks in each of the social enterprise areas; Beresford street Kitchen Café/ Catering workshop/ BSK Printworks. Length and number of days will be tailored to individual needs.

During this time, they will work with the Academy staff to identify learning styles and develop their own personal profile and individual learning plan.

The Discover Programme can either be used as a stand alone programme for people who could benefit from intensive 12 week work place training programme before moving onto, or returning to, other education or employment services or as the initial introduction before moving onto either the Ignite or Launch programme depending on suitability.



Ignite –All Crew on the Ignite programme will have access to highly supported set weekly work place training sessions within the BSK Enterprises, as well as the option of 2 education courses. This will be based on preferences and suitability identified through the Discover programme.

All crew on the Ignite programme, along with the support of the Academy staff will regularly review their own progress and goals they have set themselves in their Individual learning plan.



Launch – A fixed 2 year contact where crew are employed to work within one of the BSK Enterprises in specific roles with significantly less workplace support. Crew will also complete the Flight course and attend external work placements before being supported into other employment, with co –ordination with other services as appropriate.

All placements will be tailored to individual needs.

The Courses

All courses will be weekly learning sessions in small groups of 4 or 5 people. All crew will be encouraged to actively take part in co-creating the curriculum and developing the session plans.



The Base Course will focus on developing a range of skills for daily life to support crew to be as independent as possible. Subjects will include time, money, shopping skills, home management, self care, healthy living, positive relationships and more. Crew on the Base Course will learn new skills and develop old ones through practical activities such as games, role play, arts and crafts and more.

The Take Off course will build on independence skills and introduce employability skills. Subjects will include appropriate workplace behavior, managing attendance, workplace skills, independent travel and more. This course is delivered through a combination of interactive, practical learning activities, making use of realistic learning environments and classed based theory lessons.



The Flight course will reinforce pre-existing independence and employability skills while introducing skills for preparing to find employment. The course is delivered through class room based theory lessons with the opportunity to demonstrate understanding of skills in practical settings.

All courses will be a mixture of accredited and non-accredited training, with all learners taking control of how they would like to evidence the skill they have learnt by creating a portfolio of posters, pictures, photos etc. There are no exams on any of the courses.

BSK Engagement Hub



The Engagement Hub team are involved from the early days of transition meetings at school and college, they co-ordinate the Discovery programme and ensure everything is in place to make the transition as successful as possible. They work closely with the crew member during their time at the Academy to review goals and Individual learning plans.

They also work with parents, carers and family members where appropriate and support crew and families by signposting to other services if needed.



Crew + is part of our holistic approach and includes enrichment, social and leisure opportunities, citizenship and making sure people have a voice that is heard in our user forum and crew social committee.



This is where we work closely with other agencies and potential onward employers to provide external work placements, transition and ongoing employment support. We strive to increase community awareness and provide immersive training to change perception of disabilities across all employment and community sectors.



Beresford Street Kitchen is a Charity founded in 2015 which aims to provide quality education, training and employment opportunities for people with learning disabilities and/or autism. Our vision is of an inclusive workforce, where people with learning disabilities and/or autism have the opportunity to maximise their potential, be recognized for their skills and be regarded positively and with respect.

For more information please email academy@aspirejersey.ie